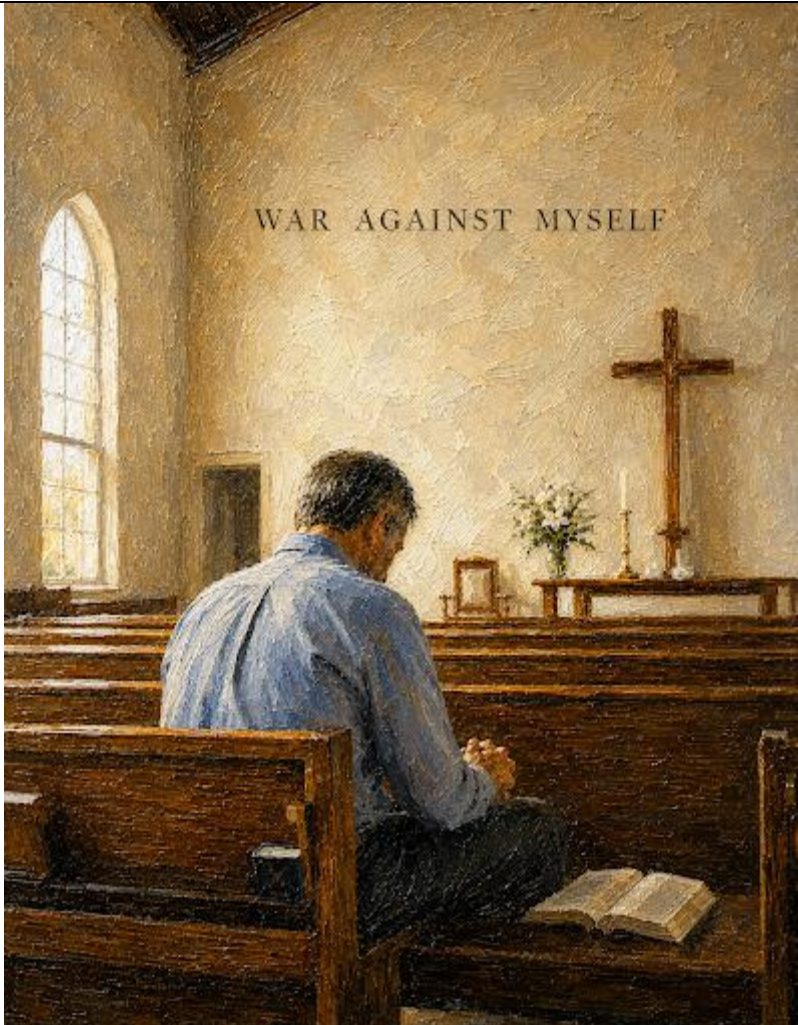

Vale United Methodist Church



August 30, 2026

11528 Vale Road • Oakton, Virginia 22124

8:30 am (virtual) worship & 10:00 am Worship

www.ValeChurch.org



United in faith, we seek to...

Align our lives with the way of Jesus Christ.

Invite others to journey with us.

Move beyond our walls to create a more just and loving world.

“The War Against Myself”

GATHERING

We gather as the people of God to be formed by God's grace.

**Please stand in spirit or in posture.*

Welcome

The Peace

From your seat, please offer your neighbors the peace of Jesus Christ.

*The lay reader will call out “**May the peace of Christ be with you!**”*

*Please respond with, “**And also with you!**”*

Prelude

“Morning Has Broken”

Wire Choir

***Call to Worship**

One: Sometimes God calls us through burning bushes, telling us to go free a whole people despite our insecurities and fears.

Many: **God help us accept your call on our lives.**

One: Sometimes God calls us, and we don't understand the full meaning of the call, the ways our families, friends, and communities may resist the good news and us as messengers of it.

Many: **God, help us accept your call on our lives.**

One: Sometimes God calls us to a path that is harder than we think we can handle, asking us to trust that God will provide what we need.

Many: **God, help us accept your call on our lives.**

Many: **Beloved, God's call takes many forms. Sometimes it feels as natural as breathing, and sometimes we want to run as far as we can. But**

take assurance in this: You are not alone. God is with us, and God's call can be trusted, because no matter where it leads, God is there. God, help us accept your call on our lives and to trust that what you equip us to do is what you call us to do as members of the Body of Christ. Thanks be to God! Amen.

***Hymn I**

Lyric Sheet

“Turn, Turn, Turn”

Confession and Pardon

Lay Reader

Many: Jesus Christ, our teacher and our friend, we have not listened for your word amid the clamor of words all around us. We are more pleased to repeat familiar tunes than to listen for new melodies and strange harmonies. We try harder to defend what we think we know than to reach for that which is beyond our grasp. Slow to trust, afraid of the unknown, we are cautious to hear and do your will. We pray for hearts to pay attention to the cries of our neighbor and to resonate with your Spirit. Silence us and instruct us until we learn afresh to sing the songs of faith, hope, and love. Amen.

One: There is no greater joy in the heart of God than the moment when a child opens to the gift of forgiveness. God's Spirit reaches out to assure us of welcome in Christ. In the name of Jesus Christ, you are forgiven.

Many: In the name of Jesus Christ, you are forgiven. Glory to God! Amen.

PROCLAMATION & RESPONSE

We hear God's word proclaimed. We act in response.



Prayer for Illumination

Many: Eternal God, your Spirit inspired those who wrote the Bible and enlightens us to hear your Word fresh each day. Help us to rely always on your promises in Scripture. In Jesus' name we pray. Amen.

Scripture
Scripture

Matthew 12:34-37
Philippians 4:4-9

*The reading will end with “A word of God that is still speaking.”
Please respond with “Thanks be to God.”*

Children's Moment

After the Children's Moment, the children are asked to return to their seats with their families

Sermon

Rev Yun Kim

“The War Against Myself”

Hymn 2

UMH 601

“Thy Word Is a Lamp”

Call for Joys and Concerns

Prayers of the People

You may send prayer requests to PrayerRequests@ValeChurch.org.

After each petition, there will be a moment of silence closed by

“Lord, in your mercy,” Please respond with,

“Hear our prayer.”

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, forever. Amen.

God's Tithes and Our Offerings

Special Music

"I've Endured"
Wire Choir

***Doxology**

UMH 95

"Praise God from Whom All Blessings Flow"

*Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.*

Blessing of the Offerings

Hymn 3

Lyric Sheet

"Prayer for St Francis"

SENDING FORTH

Transformed by God's presence, we go into the world to serve.

Mission and Ministry Opportunities

*** Blessing and Charge**

*** Postlude**

**Please stand in spirit or in posture.*

UMH – *United Methodist Hymnal* (Blue)

TFWS – *The Faith We Sing* (Black)

W&S – *Worship and Song* (Green)

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****Fellowship**

Following the service **you are invited** to join us in the Fellowship Hall for coffee provided by Diane DuBois.

Thank you Diane!

*If you are interested in assisting with coffee hour,
please contact us at office@valechurch.org*

Lay Readers:

10:00 Mike Martin

Virtual Mike Martin

RECENTLY at Vale:



When teamwork means
moving a 300 pound freezer! -
Thanks Tom!

*If you have a picture you would like to share, send it to
office@valechurch.org*

This Week at Vale: Aug 30 – Sept 6, 2026

Sun, Aug 30

- 8:30 am Worship Service (Virtual)
- 10:00 am Worship Service
- 11:00 am Fellowship Coffee**
- 12:00 pm Sunday School Parent Orientation*

Mon, Aug 31

- 8:00 am Men's Breakfast (off-campus)*
- 7:00 pm Troop 1983, Scouts BSA

Tues, Sept 1

- 10:00 pm Vale Ladies Brunch (off-campus)*
- 7:00 pm Wire Choir

Wed, Sept 2

- 6:30 pm Cub Scout Pack 1530
- 7:30 pm Chancel Choir

Thurs, Sept 3

- 2:00 pm Music practice

Fri, Sept 4

- 7:00 pm Wire Choir

Sun, Sept 6

- 8:30 am Worship Service (Virtual)
- 10:00 am Worship Service (In-Person)
- 11:00 am Fellowship Coffee**

* see announcement for details

NEXT SUNDAY IN WORSHIP

15th Sunday after Pentecost
September 6, 2026

“You Reap What You Sow”

Rev. Yun Kim

Vale Mission and Ministry Opportunities

"Your presence matters"

August 30, 2026

WELCOME FRIENDS! WE'RE GLAD YOU'RE HERE!

Whether you are new to the area or a long-time resident, we warmly welcome you to our Vale Church community!

We look forward to meeting you in person—and hope to see you with us again soon!



Vale UMC is proud to be recognized as a Safe Haven congregation. If you suspect signs of human trafficking, please call 888.373.7888 or text 233733.

Enjoy today's message? – Services can also be found on YouTube and Facebook by searching for “Vale United Methodist Church”.

Church updates – Did you know Vale sends out via email a weekly *Shout* with church updates? If you are **not** receiving our emails and would like to, please let the Vale office know.

Do you want to support Vale's ministries? Did you know that you can give to Vale online? We use the respected vendor Push Pay. You don't have to set up an account and you can designate your offering for a particular mission, program or for the general church funding. Go to <http://pushpay.com/g/valechurch> and see how easy it is. The information is confidential and secure.

If you have any questions or run into any difficulty using Push Pay, please contact our Financial Secretary, at FinSec@ValeChurch.org



Sunday School Parent Orientation – is **today** in the resource room from 12-1pm! Join us for a brief informational session and to discuss our lesson plan and ways parents can support us and their children in this ministry.

Vale Ladies Brunch – Our Vale Ladies Brunch: is held at the Silver Diner on the corner of West Ox Road and Fair Lakes Parkway. We meet on the first Tuesday of every month at 10 am for fellowship and support. Our next meet-up is **Tuesday, September 1st!** All women of the church are welcome. For more information, please contact Linda Hefner at hefhl@verizon.net or by phone at 703-620-2571 if you would like to join us so that we make sure to save a seat for you at the table.

Music –

Children's Choir – will resume weekly Sunday afternoon rehearsals on Sept 13. Ages 3-12 meet in the Sanctuary right after worship for about 15 minutes. The Children's Choir performs for worship as they are ready.

Handbell Choir – will resume weekly Sunday afternoon rehearsals on September 13 right after Children's Choir. Rehearsals run from about 11:30 to 12:30 pm. The Handbell Choir performs for worship the 3rd Sunday of every other month.

Flute Choir – will resume regular rehearsals starting September 8, 2026, on the 2nd and 4th Tuesday of each month. Rehearsals are 7:30 - 9pm in the Fellowship Hall. Flute Choir performs for worship the 3rd Sun of every other month.

Vale Book Club – Book Club will meet on Tues., Sept. 15 (not our regular meeting day of the 2nd Tuesday in the month), on Zoom, at 10:00 am. We will be selecting books for our future meetings and discussing THE MIDNIGHT LIBRARY, by Matt Haig. We would love to have new members join us! For more information or to get the Zoom link, contact Terri Lowry at tlowry2003@gmail.com or Mary Morran, our leader, at mmorran01@gmail.com.

Men's Breakfast Group – Meets every other week at Silver Diner on West Ox Road, 8:00–9:30 am. Next meeting: **tomorrow, Aug. 31st!** To join, email Bob Collum at robert_collum@hotmail.com.

Update on Homeless Shelter Families – First, thank you to our generous congregation for the many items you provided for these families. They were completely out of body wash, shampoo and sheets. These were provided by you this week! We also took two booster seats, a car seat and a stroller for several families. There are a few new items that came up as needs today, which were added to the signup. These include after-school snacks, and baby formula. All items (food and personal care) need to be a small/ regular size rather than large packages. Please go to bit.ly/Valemissionsforfamilies or to Vale's SignUp Genius page to choose items that you would like to donate. If you would prefer to donate part of the cost toward some of the larger item requests from time to time, please note that it is for homeless family needs. We have seen how much these things help, and they are greatly appreciated by the families. If you have any questions, please contact Linda Chrosniak at lchrosniak@gmail.com.

Vale Lunch Out – Quick conversations at the fellowship hour after church are nice, but it's hard to really get to know each other. Spend a little more time with others in our church family at our monthly Vale Lunch Out at Famous Dave's. We reserve a table and the restaurant gives us separate checks, so please let us know if you can join us.



WHEN: Sunday, September 13th at 11:45 am

WHERE: Famous Dave's, 2910 Chain Bridge Road, Oakton 22124

RSVP: Pat Gibson at pgibsondc@gmail.com or call (614) 218-4594

Children's Ministry Update – As we roll out our new Sunday School program, Godly Play, we will also adjust our service structure. The first Sunday of every month -Communion Sunday- will be our Family Service. On these Sundays, we will have a Children's Moment in place of Sunday School and children will remain with their families for the service. For the remaining Sundays of the month, we will offer Sunday school which will coincide with our 10 AM service. Parents are invited to drop their student off at Sunday School prior to attending the Sanctuary Service and should pick up their students after service has concluded. The Nursery is staffed and available every Sunday for children who prefer that offering.

Vale at a glance:

Mon, Aug 31:

8:00 am Men's Breakfast Group

Tues, Sept 1:

10:00 am Vale Ladies Brunch

Tues, Sept 8:

7:30 pm Flute Choir rehearsal resumes

Sat, Sept 12:

10:30 am Prayer Shawl Ministry meeting

Sun, Sept 13:

10:00 am Godly Play Sunday School begins

11:15 am Children's Choir rehearsal

11:30 am Handbell Choir resumes

11:45 am Vale Lunch Out - off campus

Tues, Sept 15:

10:00 am Book Club (Zoom)

Wed, Sept 16:

10:00 am Wednesday Morning Bible Study opens

Sun, Sept 20:

12:00 pm Fall Festival

3:00 pm Rock & Roll for Golden Souls - off campus

Sun, Oct 11:

7:30 pm Luminary Youth /Fields of Fear

Sun, Oct 4:

10:00 am World Communion Sunday

11:45 am Vale Lunch Out - off campus

Sun, Oct 18:

10:00 am Laity Sunday

11:00 am Luncheon of Gratitude

Sun, Oct 25:

4:00 pm Trunk or Treat

Sun, Nov 1:

10:00 am All Saints Day

Sun, Nov 22:

10:00 am Thanksgiving Sunday

Mon, Nov 23:

6:30 pm Thanksgiving Potluck, Scouts BSA

2026 VALE CHURCH LEADERSHIP

Bob Lacy, Chair

Dorothy Arbiter, Lay Leader • Tom Feeney, Finance Chair

Bette Rutherford, SPRC • Eric Koefoot, Trustees Chair

Linda Chrosniak, Missions Committee

Debbie German • Ann Arjes

Karen Leniart, United Methodist Women, President

Farah Koroma, Treasurer

Judy Jobbitt, Assistant Financial Secretary

VALE CHURCH STAFF

Rev. Yun Kim

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Melanie Emerick, Office Administrator & Notary Public

703-620-2594 / Office@ValeChurch.org

Cayla Hailwood, Director of Children and Youth Ministries

703-620-2594 / ValeDCYM@gmail.com

Diane Willard, Director of Vale Preschool

703-620-2594 / Preschool@ValeChurch.org

Jan Smith, Music Director

703-620-2594 / Music@ValeChurch.org

Norm Dietz, Accompanist/Organist

Vicky Alonzo, Nursery Caregiver

Olesya Ellis, Nursery Caregiver

Edilman Robles, Custodian